

H2U HEALTHCARE SERVICES

BRINGING HEALTH ASSESSMENT TO YOU

Health-Care to you !





About Us

We are dedicated to enhancing community health through **comprehensive screening services**, fostering early detection and prevention across schools, corporates, housing societies areas, and fitness hubs.

Our Vision: Leading Preventive Healthcare for All Demographics

We envision a future where **preventive healthcare** is accessible to every demographic, promoting early detection and intervention to enhance overall wellbeing.

Our commitment is to provide tailored **screening services** that cater to the unique needs of schools, corporates, housing societies, and fitness hubs, fostering healthier communities.

By embracing innovation and collaboration, we aim to empower individuals with tools and knowledge for proactive health management, ensuring a **healthier tomorrow** for everyone.



Our Mission: Elevating accessible and affordable Health Screenings



We aim to **transform health awareness** in schools and corporates through regular screenings, empowering individuals with knowledge to make informed health decisions for a better future and a healthy nation.

By prioritizing **accessible healthcare**, our initiative will bridge the gap between communities and essential health services, ensuring that everyone has the opportunity to live healthier, longer lives.

Our Services

- **General Physical Checkups:** Comprehensive assessment of overall health for early detection and prevention of issues.
- **Diet and Nutrition Counselling:** Personalized guidance for healthier eating habits tailored to your lifestyle and goals.
- **Dental and Oral Checkups:** Maintain a bright, healthy smile with routine examinations.
- **Audio and Speech Screenings:** Gain insights into auditory health and communication abilities.
- **Vision and Ophthalmology Testing:** Protect and optimize your eye health for clear vision.

Flexible Service Selection: Choose any combination of services tailored to your unique health needs for a holistic approach.



Customized Health Screening Solutions for Schools

Our **tailored screening services** ensure students receive timely health assessments, promoting early detection and fostering a healthier school environment for every child.



Comprehensive Workplace Wellness Programs for Corporates



Our **workplace wellness programs** promote employee health through regular screenings, health workshops, and fitness activities, ensuring a healthier and more productive work environment for everyone.

Health Services for Housing Societies Residents



Our **community health initiatives** provide essential screening services to residents, promoting wellness and early detection of health issues through regular check-ups and educational programs.



Specialized Screenings for our Elderly Population

Our geriatric care services focus on **comprehensive health screenings** designed specifically for elderly individuals, ensuring their needs are met with **compassionate and expert care** tailored to them.



Health Assessments and Screenings for Fitness Hubs



Our **comprehensive health assessments** empower active individuals to understand their fitness levels and potential health risks, enabling them to achieve their personal wellness goals effectively.

Virtual Clinics and Referral Treatment Services

We've integrated **virtual clinics and referral services** into our screening process, transforming healthcare delivery. Virtual clinics use digital platforms for patient-professional connections from home, enhancing convenience and access. They facilitate initial consultations, follow-ups, and some diagnostics via telemedicine, reducing wait times and geographical challenges.

By integrating referral services, we ensure timely, coordinated care, efficiently directing patients to specialists when necessary. This approach improves system efficiency and continuity of care, boosting patient outcomes and satisfaction.

These services enable us to provide comprehensive, patient-centered care, enhancing the overall healthcare experience.



**Support our mission to
improve health outcomes in
your community by
collaborating with us on
screening services.**

We invite you to **partner with us** in creating healthier environments through accessible screening services tailored to schools, corporates, and housing societies. Your involvement can make a significant difference.

**Join us in promoting
preventive healthcare
services that enhance well-
being across schools,
corporates, and
communities.**

By collaborating with us, you
contribute to a **healthier
future** for individuals of all
ages in various environments.
Together, we can make a
significant impact!

“Health is a state of complete physical, mental, and social well-being, not merely the absence of disease.”

– WHO

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